Board of Health Meeting  
February 9, 2016  
Minutes

At a public meeting of the Board of Health, held at Tri-County Health Department (TCHD), 6162 S. Willow Drive, Suite 100, Greenwood Village, CO 80111, there were:

**Board of Health Members:**
- Carole Adducci, RN, Adams County  
  Present  
- Janice Brainard, RN, Arapahoe County  
  Present (by phone)  
- Thomas Fawell, MD, Arapahoe County  
  Present  
- Kaia Gallagher, PhD, President, Arapahoe County  
  Absent - Excused  
- Marsha Jaroch, NP, Douglas County  
  Present  
- Paulette Joswick, RN, Secretary, Douglas County  
  Absent - Excused  
- Zachary Nannestad, Douglas County  
  Present  
- Rosanna Reyes, RN, Adams County  
  Present  
- Naomi Steenson, RD, Vice President, Adams County  
  Absent - Excused

**Executive Management Team Members:**
- Nancy Allen, Director of the Office of Human Resources  
  Present  
- Michele Askenazi, Director of Emergency Preparedness and Response  
  Present  
- Jill Bonczynski, RD, Director of Nutrition  
  Present  
- Ronnae Brockman, Executive Assistant  
  Present  
- Patty Buckle, Acting Director of Administration and Finance  
  Present  
- Tom Butts, Deputy Director  
  Present  
- John M. Douglas, Jr., MD, Executive Director  
  Present  
- Penny Grande, Associate Director of Nursing (for Jeanne North)  
  Present  
- Brian Hlavacek, Director of Environmental Health  
  Present  
- Jeanne North, RN, Director of Nursing  
  Absent - Excused  
- Stacy Weinberg, Director of Epidemiology, Planning and Communication  
  Present

**Call to Order**

Dr. Fawell called the meeting to order at 4:47 p.m.

**Introductions**

Ms. Bonczynski introduced Emily Sabin-Bash, a Dietetic Intern at TCHD; Ms. Weinberg introduced Steve Martinez, Substance Abuse Prevention Coordinator; and Ms. Grande introduced Lisa Raville, Executive Director of the Harm Reduction Action Center.

**Approval of the Minutes of the December 8, 2015 Meeting**

The minutes of the December 8, 2015 meeting were presented to the Board for review.

**MOTION:** Ms. Adducci moved to approve the minutes of the December 8, 2015 meeting as written and Ms. Jaroch seconded. The motion was approved unanimously.
Approval of the Financial Statements Dated November 30, 2015

Ms. Buckle presented the financial statements dated November 30, 2015 to the Board for review. She stated that year-to-date (YTD) revenue totaled $32.2 million, which was lower than budgeted by $2.3 million and YTD expense totaled $31.7 million, which was lower than budgeted by $2.5 million. This resulted in a surplus of $472,228 rather than the budgeted $216,711.

Dr. Fawell inquired on the increase in Title X revenue for the Family Planning program. Ms. Buckle stated that the increased revenue was the direct result of increased coding and billing for Medicaid patients.

Dr. Fawell also inquired on the reason TCHD received a health insurance rebate from CIGNA. Dr. Douglas informed him that the Affordable Care Act requires health insurers that spend less than 85% of premiums on claims and activities that improve health care quality for groups that have over 100 lives on the plan are required to refund a portion of those premiums to policyholders.

MOTION: Ms. Jarochn moved to accept the financial statements dated November 30, 2015 as presented and Mr. Nannestad seconded. The motion was approved unanimously.

Approve Locations for Posting Public Meeting Notices

Dr. Douglas informed the Board that C.R.S. 24-6-402(2)(c) requires local public bodies to annually designate the public place or places for posting public meeting notices at their first regular meeting of each calendar year. TCHD posts public meeting notices at each of its eleven offices and on its website.

MOTION: Ms. Adducell moved to continue posting public meeting notices at each TCHD office and on TCHD’s website and Ms. Jarochn seconded. The motion was approved unanimously.

Current Infectious Disease Events

Dr. Bernadette Albanese, Medical Epidemiologist, gave a presentation on Zika Virus that included information on symptoms, transmission, and global distribution. As of February 9, 2016, 48 Zika virus cases have been reported to the Centers for Disease Control and Prevention (CDC) from U.S. states and territories. The virus has not yet been identified in continental U.S. mosquito vectors; however, imported cases raise the possibility for local spread in some areas of the United States.

Dr. Albanese also provided an update on the 2015-2016 influenza season. Thus far, influenza activity has remained low across Colorado.

Discussion on Board Involvement in Fiscal Year 2017 Budget Planning Process

Dr. Fawell led a discussion on budget planning strategy for TCHD’s fiscal year (FY) 2017 budget. The Board members’ goals are to: 1) create a process to more fully inform the Commissioners and their staff about TCHD accomplishments prior to the August budget study session and 2) develop a process for increased Board member involvement in the budget planning
process, particularly as it relates to how the budget request is presented and justified. Proposed event timing includes: 1) an all-Commissioners luncheon in March to share TCHD accomplishments and current and emerging public health issues; 2) an opportunity at the April Board meeting for Board members to relay/discuss issues of concern in their counties that could impact the budget; 3) a May meeting between the Board Budget Working Group and TCHD staff to review possible budget presentation scenarios, one of which will be presented at the June Board meeting; 4) the Budget Working Group will review and finalize the budget presentation in July; and 6) the Board will review the proposed budget and final budget presentation at their August meeting and make any final recommendations.

**CONSENSUS:** All Board members present were in favor of the above approach to the FY 2017 budget development process.

**Fiscal Year 2017 Budget Development Calendar**

Mr. Butts presented TCHD’s FY 2017 Budget Development Calendar to the Board and pointed out that it incorporates the Board’s budget planning strategy outlined above.

**Potential TCHD Health Plan Changes**

Dr. Douglas informed the Board that CIGNA is expected to increase our medical insurance premium for the upcoming plan year. TCHD had been considering partially self-funding our medical plan; however, Hays Companies, our employee benefits advisor, states that this may not be a good year to do so because of our high loss ratio. This will be our first premium increase since 2010.

Dr. Douglas anticipates that we will receive our renewal quote from CIGNA around March 1, 2016. He plans reconvene TCHD’s Medical Trust Board if negotiation attempts are unsuccessful.

Ms. Allen gave a PowerPoint presentation on medical plan funding options during which she described the advantages and disadvantages of fully insured and self-funded plans. She also provided a summary of TCHD’s medical and prescription drug costs for the 2015-2016 plan year.

**Update on TCHD Space**

Mr. Butts provided the following update on office space:

- TCHD’s Northglenn office will be moving to the new Park Center location at 122nd and Huron on or around March 26, 2016.
- Douglas County is currently developing a county-wide master plan and TCHD staff have met with their architects regarding our space needs. We have been asked to move some of our Environmental Health staff out of their cubicles in the Castle Rock office to accommodate Human Services staff.
- The lease at our Iliff and Chambers location in Aurora ends July 31, 2016. We are currently evaluating our options (i.e., remaining in our current space vs. moving).
- We are working to schedule a meeting with Adams, Arapahoe and Douglas County staff to discuss the provision of county-provided space.
Legislative Update

Mr. Butts provided updates on various bills of interest including retail food establishment licensing fees, radon, nicotine products labeling, interstate medical licensing, rabies vaccination, underage tobacco possession, cottage foods, long-acting reversible contraception, and the hospital provider fee.

Syringe Exchange Program in Aurora

Dr. Douglas provided a presentation to the Board on a proposed syringe exchange program (SEP) in Aurora, Colorado. Colorado Revised Statute 25-1-520 permits a local health department to request approval from its Board of Health to operate or contract with a nonprofit organization to operate a clean syringe exchange program and outlines the process a Board of Health must follow prior to the establishment of such a program.

Dr. Douglas discussed the rising epidemic of drug and opioid users and the subsequent increase in death rates and HIV and hepatitis C virus (HCV) infection rates; evidence-based benefits of syringe exchange programs; statutory requirements; program considerations; and steps taken to date as a possible timeline moving forward. To date, Dr. Douglas has met with Adams County District Attorney Dave Young and has meetings scheduled with Adams County Sheriff Michael McIntosh, Arapahoe County District Attorney George Brauchler, and Arapahoe County Sheriff David Walcher. He also plans to meet with substance abuse treatment providers, persons in recovery, non-profit organizations, HIV and HCV advocacy organizations and community members.

Finally, Dr. Douglas presented a resolution to the Board that would authorize TCHD to investigate the establishment of an SEP, conduct initial consultations with applicable law enforcement and interested stakeholders, and prepare a proposal for an SEP that would be reviewed by the Board at a later date.

Mr. Nannestad asked whether the Board would be involved if TCHD desired to expand the SEP outside of the City of Aurora. Dr. Douglas stated that the Board would have to be involved because expansion outside of the City Aurora would be considered a new SEP.

MOTION: Ms. Jaroch moved to approve the SEP resolution as written and Mr. Nannestad seconded. The motion was approved unanimously.

Update on Healthy Kids Colorado Survey

Dr. Douglas informed the Board that regional statistics from the Healthy Kids Colorado Survey (HKCS) would be available in April; however, the regional data would not include data from Douglas County because the Douglas County School District opted out of the survey last year. HKCS is a bi-annual survey that will next be administered in spring 2017.

TCHD Strategic Plan Goal 6: Reduce the Health Burden of Tobacco/Substance Abuse

Maurn Proser, Chronic Disease, Injury and Tobacco Prevention Manager, provided an update to the Board on Strategic Plan Goal 6: Reduce the Health Burden of Tobacco and Substance Abuse. The update focused on progress, successes and next steps in relation to tobacco, marijuana and abuse of other substances such as prescription drugs and alcohol.
Executive Director’s Report

TCHD Pre-matched with CDC Epidemic Intelligence Service Officer
TCHD successfully matched with Grace Marx, MD, MPH, an infectious disease physician who is completing a preventive medicine residency at Denver Public Health (DPH). She is interested in expanding her training and experience in population health and communicable disease while working on a broad range of public health issues. She will begin her two-year assignment at TCHD in August 2016.

TCHD and Partners Awarded SIM Grant
TCHD, in partnership with DPH, Jefferson County Public Health, Boulder County Public Health, and Broomfield Public Health and Environment, was awarded a regional (seven-county Denver metro area) three-year grant from the State Innovation Model (SIM) focusing on mental/behavioral health. The amount of the award is $453,000 per year and TCHD will serve as the coordinating agency. The work of the grant falls into two goal areas: 1) reducing stigma of behavioral health issues in low-income populations and 2) increasing access to behavioral health screening and treatment in low-income populations.

TCHD WIC Program Receives CDC/NWA Grant: Community Partnerships for Healthy Mothers and Children Project, Cohort #2
CDC’s Division of Community Health has provided funding to the National WIC Association (NWA) to fund and support two cohorts of local WIC agencies in target states to work with community partners to build and enhance community coalitions, perform community needs assessments, and develop and implement community action plans to achieve community health goals. TCHD was selected as a Cohort #2 recipient and will receive approximately $220,000 from February 15, 2016 through June 30, 2017. We will be working closely with the Thornton Rocky Mountain Youth Clinic and creating a community coalition to work on various intervention strategies focused on increased access to healthy food and beverages and creating better community-clinical linkages via co-location.

Behavioral Health Training and Technical Assistance Program
With funding from CDC’s Office for State, Tribal, Local and Territorial Support, the National Council for Behavioral Health has launched the 2016 Behavioral Health Training and Technical Assistance for State, Tribal, and Local Health Officials Program. This six-month initiative is comprised of 32 state, tribal, and local health officials. As a participant, TCHD will have direct access to behavioral health (mental health and substance use disorders) training and technical assistance to support and improve capacity in these areas.

Update on Cancer, Cardiovascular and Chronic Pulmonary Disease Grants

Metro Healthy Beverage Partnership
TCHD is part of a metro-wide, seven-county regional group called the Metro Healthy Beverage Partnership (MHBP), which formed to focus on sugary beverages as a leading
contributor to weight gain and chronic diseases like diabetes and tooth decay. The MBPH will work to align policy, systems and environmental change efforts to increase healthy beverage consumption.

Worksite Wellness: Achieving Health through Worksites
This is a three-year grant initiative to engage public and private employers through local chambers of commerce to adopt worksite wellness policies that promote physical activity, nutrition and address lifestyle behaviors that are known risk factors for obesity, diabetes and cardiovascular disease. To date, the Aurora, South Metro Denver and Castle Rock Chambers of Commerce have committed to the project and are each in the process of creating a worksite wellness coalition. Research is being conducted in the North Metro area to identify two additional chambers or economic councils to participate in the project.

Human Papillomavirus Vaccine
TCHD is participating in a regional grant to promote human papillomavirus (HPV) vaccine for adolescents by educating parents and teens on the benefit of vaccination through a public media campaign and by providing toolkits to health care providers to promote the vaccine directly to their patients. Year One of the grant (through June 2016) is for planning. Year Two will focus on provider intervention and media campaign rollout. Evaluation and sustainability will be the focus for Year Three.

Community Health Teams
In July 2015, TCHD’s Community Health Team (CHT) began work to create and implement two multidisciplinary teams to reduce the burden of cardiovascular disease and diabetes by providing self-measured blood pressure monitoring, Medication Therapy Management (MTM), the Diabetes Prevention Program (DPP), and Diabetes Self-Management Education (DSME). The teams will also address overlapping mental health issues as part of the growing effort to integrate physical and behavioral health services.

Radon
TCHD’s Environmental Health Division is working on a three-year regional radon grant with Boulder County, the City and County of Broomfield, Jefferson County, and the City and County of Denver to promote adoption and implementation of consistent, systematic, evidence-based methods to reduce radon exposure. Focus groups have been conducted and the information gathered will be used to create outreach materials to encourage radon testing and mitigation and promote policy change and development.

Loss of TANF in Adams County
On December 24, 2015, the Nursing Division was informed that TCHD’s longstanding contract with Adams County to provide nurse home visitation to families receiving Temporary Assistance to Needy Families (TANF) would not be renewed for 2016. This is a loss of $204,000 annually and 2.40 full-time equivalents (FTEs).
Centura Community Health Needs Assessment
In 2014, the IRS revised community health needs assessment (CHNA) requirements for charitable hospitals. CHNAs must now include substantive input from state, local or tribal public health agencies with data and expertise relevant to population health needs to maintain their tax-exempt status. In 2015, TCHD, in conjunction with Boulder, Broomfield, Denver and Jefferson Counties’ local health departments, worked closely with Centura Health Corporate and seven Centura hospitals in the metro area to develop CHNAs that shared common goals with LPHAs around two prioritized focus areas: promoting mental health and preventing obesity through healthy eating and active living. This data-driven effort allowed public health to strengthen collaborative and productive relationships with hospitals, and enhance the collective impact on improving population health.

Fiscal 2015 External Audit
In January, TCHD’s external auditors, RubinBrown, completed a week of fieldwork for the interim audit during which they performed tests of internal controls and compliance for selected federal programs. For fiscal year 2015, the auditors reviewed the WIC grant programs and the HIV Linkage to Care grant. RubinBrown staff will return in March to complete the fiscal year 2015 audit fieldwork. The audited financial statements will be presented to the Board of Health at the June 14, 2016 meeting.

North Central Region Functional Exercise
On January 21, 2016, a functional exercise was conducted in the North Central All-Hazards Region of Colorado, which includes Adams, Arapahoe, Boulder, Broomfield, Clear Creek, Denver, Douglas, Elbert, Gilpin, and Jefferson Counties. Participants included public health, behavioral health, hospitals, Federally Qualified Health Centers, fatalities management, EMS/fire, and county/municipal emergency managers.

TCHD Public Health Emergency Operations Plan
The Public Health Emergency Operations Plan’s (PHEOP) purpose is to describe and direct basic strategies and mechanisms by which TCHD will prepare for and respond to incidents and emergencies. TCHD’s Office of Emergency Preparedness and Response annually reviews and updates the plan based on changing emergency response, legal, or political environments; lessons learned from exercises and real world incidents; and input from internal and external partners. This document is then reviewed by the Executive Management Team (EMT) and, once approved, signed into effect for the next calendar year. The PHEOP was last updated and approved by the EMT in January 2016.

Greenwood Village Tobacco Ordinance
The city of Greenwood Village unanimously approved on the first reading, and is expected to approve on the second reading, a new ordinance to: 1) include electronic smoking devices in their current smoke-free law, banning use of these devices anywhere traditional smoking is already banned; 2) expand the smoke-free law to many outdoor spaces including parks and trails, outdoor plazas, amphitheaters and entertainment venues, and public transit waiting areas; and 3) include electronic smoking devices in the
city’s current youth possession law, which already prohibits youth possession of
traditional tobacco products. Greenwood Village is TCHD’s fourth municipality to ban
the use of electronic smoking devices in public and the second to make parks and trails
smoke-free.

Oil and Gas Issues in Adams County
On January 19, 2016, Adams County’s Board of County Commissioners (BOCC) held a
study session on health and environmental concerns associated with oil and gas activities
that were planned or already occurring in parts of western Adams County. Participants
included TCHD, CDPHE, and Adams County Planning and Development staff. On
January 26, 2016, the Adams County BOCC conducted a public hearing to consider
options for regulating local land use aspects of oil and gas drilling activities. Dr. Douglas
provided testimony on the issue. Following seven hours of hours of testimony and
deliberations, the BOCC chose not to enact a moratorium and will revisit the overall
county process and the Memorandum of Understanding in the near future.

Ms. Adducci noted that Board of Health members weren’t present at the above oil and
gas sessions and asked that Board of Health members be notified about TCHD presence
at future BOCC study sessions and public hearings.

**ACTION ITEM: Dr. Douglas to ensure Board members are notified about BOCC
study sessions and public hearings at which TCHD will be present.**

TCHD Infographics for State Legislators
TCHD worked with the Colorado Association of Local Public Health Officials’ lobbying
firm, Frontline Affairs, to develop and distribute infographics for Adams, Arapahoe and
Douglas Counties to our state legislators. We will also post these documents on our
website in lieu of the County Health Profiles used in the past.

Other Items
None.

Set Agenda for the April 12, 2016 Meeting
The April 12, 2016 meeting agenda will include a reception and awards ceremony to honor
TCHD’s Public Health Heroes of the Year.

Board Member Remarks
None.

Closing Remarks
None.
Adjournment

MOTION: Ms. Jaroch moved to adjourn the meeting at 7:00 p.m. Ms. Adducci seconded and the motion was approved unanimously.

Kaia Gallagher, PhD, President

Paulette Joswick, Secretary