COVID-19 Best Practices for Local Recreation

- Stay home if you have any of the following COVID-19 symptoms: fever, cough, difficulty breathing, chills, headache, or sore throat

- Wearing a mask that covers your nose and face is strongly advised if social distancing cannot be achieved

- Remain at a 6-ft. distance from those around you

- Wash your hands for at least 20 seconds when you arrive home before touching anything

For more information on COVID-19, please visit TCHD.org.