YOU ARE A CRITICAL PLAYER on your MEDICAL HOME TEAM!

WHAT YOU CAN DO TO FORM A MEDICAL HOME TEAM...

• SELECT a health provider you trust. If you don’t have a trusted health provider ask us to help you find one.

• Ask for SUGGESTIONS for who should be included on your Medical Home Team.

• MAKE LISTS of what is happening with your family’s health concerns, medications and supplements. Be sure to share this list with your health provider.

• Contact your health provider before going to the EMERGENCY ROOM. Decide together when it makes sense to go to the ER.

• Have your INSURANCE CARD with you at all times.

• TEACH your children to ask questions and to talk with you and their providers about concerns and health needs.

• GET TO KNOW your health provider - your Medical Home Team coach.

• ASK, ASK, ASK. If you don’t understand something, be sure to get the explanations you need.

ABOUT THE COLORADO MEDICAL HOME INITIATIVE

The Colorado Medical Home Initiative (CMHI) of the Colorado Department of Public Health and Environment is going beyond established definitions of a Medical Home and identifying it as a Medical Home Team approach to health care. The CMHI works in collaboration with partners to inform and promote a Medical Home Team approach to coordinated, quality, cost-effective health care that provides measurable health benefits to all Colorado residents, communities and organizations. The CMHI also works to establish a Medical Home System, which is the infrastructure to support a Medical Home Team approach for all Coloradans.

MEDICAL HOME

A TEAM of health professionals dedicated to your health care

Everybody Wins on a MEDICAL HOME TEAM

For more information and for help in building your MEDICAL HOME TEAM call Family Voices Colorado at 1.877.731.6017 or visit www.ColoradoMedicalHome.com
What is a MEDICAL HOME TEAM?

A Medical Home TEAM is you and your chosen group of trusted health care professionals working together to organize the health care needs of your whole family using the best available tools, information and technology. Players on your Medical Home Team may include: doctors, specialists, nurses, dentists, therapists, pharmacists, teachers and care coordinator or navigator.

You know you have a MEDICAL HOME TEAM when the players on your team...

• Work with you to coordinate all of your family’s health care needs.
• Help to build your Medical Home Team.
• Really listen and respect your ideas.
• Is sensitive to the values of your family.
• Shares information with you about resources in your community.
• Help you find specialists when they are needed.

“What’s really helpful is having a coordinated approach to care and really feeling like I have a partner in my child’s care.” - Colorado parent, August’09 Denver Post

How a MEDICAL HOME TEAM HELPS YOUR FAMILY

ESTABLISHES partnerships for your health care needs.

COORDINATES your health care.

Avoids unnecessary EMERGENCY ROOM visits.

INCLUDES your family in health care decisions.

OFFERS help to find the right information, resources and people.

PROMOTES a healthy lifestyle.

PREPARES you for tomorrow’s health needs.

THAT’S WHY HAVING A MEDICAL HOME TEAM IS IMPORTANT

“My daughter’s Neurologist really took the lead in working with me to build our Medical Home Team. He really cares and helps me to understand what questions I should be asking. He provides the information that I need and his office manager even helps me schedule and coordinate appointments with other specialists.” - Douglas County Parent

“My husband has a heart condition and needed to be seen by a heart specialist. Our Medical Home Team led by our family physician arranged for that visit, made sure we were prepared, and that the test results from the appointment were provided to us and to the entire Medical Home Team.” - Mesa County Resident