

Please mail or deliver this application to the nearest Tri-County Health Department office:

Baby & Me, Tobacco Free Program
Tri-County Health Department
10190 Bannock Street, Suite 100
Northglenn, CO 80260

Baby & Me, Tobacco Free Program
Tri-County Health Department
4201 East 72nd Avenue
Commerce City, CO 80022

Baby & Me, Tobacco Free Program
Tri-County Health Department
4857 South Broadway
Englewood, CO 80110

Baby & Me, Tobacco Free Program
Tri-County Health Department
15400 East 14th Place, Suite 309
Aurora, CO 80011

Baby & Me, Tobacco Free Program
Tri-County Health Department
15559 East Iliff Avenue
Aurora, CO 80013



Sponsored by



Baby & Me – Tobacco Free in Colorado is made possible by grants from the Colorado Health Foundation and Rocky Mountain Health Plans.

Free Diapers For Up To One Year

Here's How You Get Your **FREE** Diapers

PROGRAM REQUIREMENTS

Participate in the smoking cessation program.

Quit smoking during your pregnancy.

Agree to take a simple breath test to verify your non-smoking status. This breath test will be repeated on a monthly basis after delivery to qualify for the vouchers.

After the birth of the baby, continue smoke free and receive a monthly voucher for FREE DIAPERS, that can be used at Wal-Mart or other participating stores.

NO CASH BACK

Vouchers can be used at Wal-Mart, Duckwall-Alco, and other participating stores. They are nontransferable and only for purchase of diapers. Vouchers can be used for any brand/size of diapers. BABY & ME – Tobacco Free Program reserves the right to verify the authenticity of the voucher before redeeming its value. All persons must be enrolled in the BABY & ME – Tobacco Free program. Vouchers may not be reproduced.

**Baby & Me – Tobacco Free Program
Tri-County Health Department**

**For more information, call
Heidi Williams, MPH, RD
Phone: 720-200-1573**

Quit smoking with the **BABY & ME – Tobacco Free™** Program



Healthy Moms Have Healthy Babies.

Pregnancy is a perfect time to quit smoking.

When you avoid tobacco, you...

- Decrease your risk of a miscarriage.
- Help baby's lungs grow strong.
- Improve baby's overall health.
- Help to ensure your baby is born on time, and prevent premature delivery.
- Improve your baby's birth weight.
- Live longer, healthier, and happier with your baby.

There are 4,000 chemicals in cigarettes, 43 of them are cancer-causing agents. Your unborn baby receives those poisons every time you smoke.

Application

Name _____

Address _____

City _____

State _____ Zip _____

County _____

Phone (daytime) _____

Email (optional) _____

Your Baby's Due Date _____

Amount of cigarettes smoked daily _____

I _____
(print name),

am voluntarily participating in the BABY & ME – Tobacco Free Program. I understand that to receive the vouchers for free diapers, I must submit this application, participate in the BABY & ME – Tobacco Free smoking cessation program, quit smoking, and agree to a breath test on a monthly basis. I verify the above information on my application as correct.

Signature _____

Date _____