

Recommended Reading List

Breastfeeding 101: A Step by Step Guide to Successfully Nursing Your Baby

Sue Tiller, RN, IBCLC

Breastfeeding: A Parents Guide

Amy Spangler

Breastfeeding Made Simple

Nancy Mohrbacher and Kathleen Kendall

Dr. Mom's Guide to Breastfeeding

Marianne Neifert

New Mother's Guide to Breastfeeding

American Academy of Pediatrics

Nursing Mothers Companion

Kathleen Huggins, RN MS

Nursing Mother, Working Mother

Gale Pryor

The Womanly Art of Breastfeeding

Gwen Gotsch, Anwar Fazal,

Judy Torgus

Why Should I Nurse My Baby? And other Questions Mothers Ask About Breastfeeding

Pamela Wiggins, IBCLC

Woking Without Weaning: A Working Mother's Guide

Kirsten Berggren