



**The goal of our CPPW Initiative is to increase opportunities for the residents of Adams, Arapahoe, and Douglas Counties to make healthy choices related to food and physical activity. We will accomplish this by making sustainable policy, systems and environmental changes in schools and communities.**

### **What is Communities Putting Prevention to Work (CPPW)?**

- A two-year \$10.5 million grant from the Centers for Disease Control and Prevention (CDC) as part of the American Recovery and Reinvestment Act economic stimulus program
- Intensive, proven, and sustainable community approaches to chronic disease prevention

### **What does it mean to Tri-County Health Department?**

- A large-scale community-based program led by Tri-County Health Department to increase healthy eating and physical activity in Adams, Arapahoe, and Douglas Counties.
- A collaboration between Tri-County Health Department and community partners, including schools, cities, counties, non-profit organizations, and others. The majority of funds will go to these school and community partners.
- A program that is focused on sustainable policy, systems and environmental changes, not individual behavior change programs. Grant activities will target entire communities, not individual people.

### **What does it mean to Adams, Arapahoe and Douglas counties?**

- Long-lasting changes that affect an entire community.  
Changes made to the physical environment that support healthy eating and physical activity. Examples of changes are signage for walking trails and community gardens.
- Changes made in organizational policies or public policies that support healthy eating and physical activity. An example of an organizational policy is stating that only healthy foods be served at meetings. An example of public policy is rezoning an area to allow more grocery stores.

**Visit our website for more information: [www.tchd.org/cppw.htm](http://www.tchd.org/cppw.htm)**