

## Selected Resource List: Healthy Eating and Active Living

- LiveWell Colorado Food Policy Blueprint, <http://livewellcolorado.org/assets/pdf/resources/blueprints/final-food-policy-blueprint.pdf> (Policy recommendations, compendium of resource documents)
- The Grocery Gap: Who Has Access to Healthy Food and Why It Matters, [http://www.policylink.org/site/c.lkIXLbMNJrE/b.5860321/k.A5BD/The\\_Grocery\\_Gap.htm?msource=grocerygap](http://www.policylink.org/site/c.lkIXLbMNJrE/b.5860321/k.A5BD/The_Grocery_Gap.htm?msource=grocerygap), (Policy recommendations)
- Rocky Mountain Land Use Institute Sustainable Community Development Code, Sustainable Community Development Code and Reform Initiative | RMLUI | Sturm College of Law, <http://www.law.du.edu/index.php/rmlui> (Model Code: Section 5, Mobility and Transportation, and Section 7, Healthy Neighborhoods, Housing and Food Security)
- How to Create and Implement Healthy General Plans, PHLP, <http://www.phlpnet.org/>, (Model Comprehensive/Master Plan)
- A healthy city is an active city: a physical activity planning guide, World Health Organization, [http://www.euro.who.int/\\_data/assets/pdf\\_file/0012/99975/E91883.pdf](http://www.euro.who.int/_data/assets/pdf_file/0012/99975/E91883.pdf), (Step by step guide for communities)
- Local Government Actions to Prevent Childhood Obesity, <http://www.iom.edu/~media/Files/Report%20Files/2009/ChildhoodObesityPreventionLocalGovernments/local%20govts%20obesity%20report%20brief%20FINAL%20for%20web.ashx> (Strategies, action steps)
- Colorado Department of Transportation Bicycle and Pedestrian Policy Directive, <http://www.coloradodot.info/programs/bikeped/documents/1602-0BikePed.pdf>, (10/09 Transportation Commission bike/ped policy for state highways)
- Planning Complete Streets for An Aging America, <http://www.walkinginfo.org/library/details.cfm?id=4409>, (Best practices and design elements to meet the needs of elderly pedestrians)
- Health Impact Assessment, CDC - Healthy Places - Health impact assessment (HIA) <http://www.cdc.gov/healthyplaces/hia.htm> (Resources and on line training for conducting health impact assessments)
- American Planning Association, Planning Advisory Service Reports, PAS Reports, <http://www.planning.org/pas/reports/>, and <http://myapa.planning.org/pas/subject.html>, (Various reports on integrating planning and public health, planning active communities, guide to community and regional food planning, etc.)