



The Smart Meal Seal Program

The Smart Meal Seal Program is a healthy dining program designed to promote healthier eating habits for Coloradans through partnerships with restaurants.

To be eligible each meal must meet the following criteria:

- Two servings or more of beans, whole grains, fruits or vegetables.
May substitute one serving for a serving of fat-free or low-fat milk or milk product
- 700 calories or less
- 30 % or less of total calories from fat or 23 grams or less of total fat
- 10% or less of calories from saturated fat or 8 grams or less of saturated fat
- 0.5 grams or less of trans fat
- 1,350 mg or less of sodium

Look for the Smart Meal Seal at the following participating Smart Meal Program restaurants.

AURORA

Lupita's Restaurant
11809 E Colfax Ave
Aurora, CO 80011
303-344-0200

La Cueva Restaurant and Tequila Bar
9742 E Colfax Ave
Aurora, CO 80010
303-367-1422

PHO Taste of Saigon
11697 E Colfax Ave
Aurora, CO 80010
303-341-0566

Marsalla Fine Indian Vegetarian Cuisine
3140 S Parker Rd #8
Aurora, CO 80014
303-755-6272

Which Wich Superior Sandwiches
6750 S. Cornerstar Way Suite D
Aurora, CO 80016
303-693-9424

Thai Street Food
11650 Montview Blvd,
Aurora, CO 80010
303- 587-2293

BENNETT

High Plains Diner
100 Bennett Ave #2
Bennett, CO 80102
303-644-5055

COMMERCE CITY

El Jardin
6460 E 73rd Ave
Commerce City, CO 80022
303-288-3500

HIGHLANDS RANCH

Which Wich Superior Sandwiches
8331 S. Willow St, Suite E
Lone Tree, CO 80124
303-779-9424

LAKESWOOD

PHO HAU
12089 W. Alameda Pkwy.,
Lakewood, CO 80228
303-988-0755

THORNTON

5J's Family Italian Dining
(selection of gluten free items available)
750 W 84th Ave #440
Thornton, CO 80221
303-426-4000

La Frontera Mexican Restaurant
9271 N Washington St
Thornton, CO 80233
303-255-3800

WESTMINSTER

Which Wich Superior Sandwiches
14647 Delaware St, Suite 1400
Westminster, CO 80023
303-280-942

The Delectable Egg
1005 W 120th Ave
Westminster, CO 80234
303-451-7227

**Other Which Wich Superior Sandwiches
locations in the
Denver Metro Area**
Broomfield
Denver

For more information please go to www.smartmealcolorado.com