



# Everything You Need To Know About COVID-19

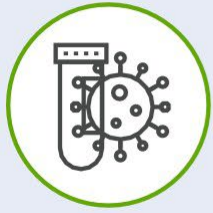
UPDATED 08/04/2022



## Isolate if you test positive or have symptoms

Isolation means separating sick people with COVID-19 from people who are not sick. Stay home and away from others for 5 days from the date your symptoms started or the date your test was collected. Wear a mask for 10 days.

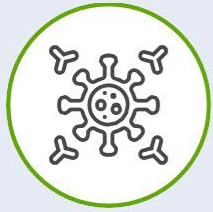
[www.tchd.org/IsolationGuide](http://www.tchd.org/IsolationGuide)



## Get tested for COVID-19

Find Free PCR testing sites and see how you can order free at-home testing kits with our QR code.

[www.tchd.org/COVIDTesting](http://www.tchd.org/COVIDTesting)



## Get treatment for COVID-19

Talk to a healthcare provider right away to learn if you qualify for treatment. It can help you recover and lower your risk for serious illness and works best if taken within a few days of getting sick. To learn more, contact:

720-200-1552 or [COVIDtreatment@tchd.org](mailto:COVIDtreatment@tchd.org)

[www.tchd.org/COVIDTreatment](http://www.tchd.org/COVIDTreatment)



## Get vaccinated or a booster

COVID-19 vaccine offers the best protection against infection or getting severely ill. Use the QR code to find a location near you.

[www.tchd.org/COVIDvaccine](http://www.tchd.org/COVIDvaccine)



## Community resources and support

COVID-19 has had significant impact on families and communities.

To learn more and get support, contact:  
720-200-1445 or [COVIDinfo@tchd.org](mailto:COVIDinfo@tchd.org)

[www.tchd.org/CommunityResources](http://www.tchd.org/CommunityResources)

