

Community Resources for Adams and Arapahoe Counties

These resources are intended to support residents affected by COVID-19. It is always best to check a website or call a program directly for any updates to that resource. You can also email our COVID-19 Community Support Team at COVIDinfo@tchd.org or call us at 720-200-1445 for individual support.

COVID-19 County Resources

- Adams County: adamscountycovid19.org, 720-523-2800
- Arapahoe County: arapahoegov.com/2096, 303-636-1170
- Douglas County: www.douglas.co.us/health-department/covid-19/; for guidance, contact Jogan Health Solutions at DCcovid19@joganhealth.com or 720-412-4739

COVID-19 Information and Resources

- Tri-County COVID-19 website: www.tchd.org/COVID-19
- Tri-County Area testing: www.tchd.org/COVIDTesting
- COVID-19 treatment information: <http://www.tchd.org/COVIDTreatment>

Mental Health Resources

- Adams County, Community Reach Center: www.communityreachcenter.org, 303-853-3500
- Arapahoe and Douglas Counties: All Health Network, www.allhealthnetwork.org, 303-730-8858
- City of Aurora, Aurora Mental Health Center: www.aumhc.org, 303-617-2300
- Colorado Crisis Line: 844-493-8255 or Text "TALK" to 38255, <https://coloradocrisiservices.org/>

Medical Care for Individuals With or Without Insurance

- Salud Family Health Centers: www.saludclinic.org, 303-679-2583
- Clinica Family Health Clinics: www.clinica.org, 303-650-4460
- Stride Community Health Centers: stridechc.org, 303-360-6276
- Doctor's Care: doctorscare.org, 303-730-1313
- Peak Vista Community Health Centers: www.peakvista.org, 719-632-5700

Health Insurance Coverage

- Connect for Health Colorado: Purchase health insurance, get financial help to reduce costs: <https://connectforhealthco.com/>
- Health First Colorado: Colorado's Medicaid program: www.healthfirstcolorado.com/apply-now/?tab=do-i-qualify Other ways to apply for Health First:
 - Colorado PEAK: www.colorado.gov/PEAK, 800-221-3943
 - County Human Services Departments:
 - Adams: 720-523-2800; Arapahoe: 303-636-1170; Douglas: 303-688-4825
- Tri-County Health Enrollment Team: <https://www.tchd.org/297/Access-to-Healthcare>, 303-363-3013, healthenrollment@tchd.org

Food Assistance

- Supplemental Nutrition Assistance Program (SNAP): A federal nutrition program that helps stretch your food budget and buy healthy food. Log in and apply for benefits at Colorado Peak:
- <https://peak--coloradopeak.force.com> or email SNAP@tchd.org, or call 720-292-8275

- Women Infants & Children (WIC): Provides free nutritious foods and nutrition education to improve the health of participating families including pregnant, breastfeeding and postpartum women, infants and children up to the age of 5 years: www.tchd.org/WIC
- Hunger Free Colorado: Help with applications for food assistance programs, and information about local food pantries, markets, etc.: hungerfreecolorado.org

Housing Resources

- Emergency Rental and Housing Assistance: If property owners or tenants have been unable to pay rent due to financial hardship caused by COVID-19, you may be eligible for rental assistance from the state: cdola.colorado.gov/rental-mortgage-assistance
- The Colorado Emergency Mortgage Assistance Program (EMAP) provides financial assistance on behalf of income-eligible homeowners who have experienced a financial hardship associated with the COVID-19 health crisis: cdola.colorado.gov/emergency-mortgage-assistance
- Colorado Housing Connects is a statewide housing helpline to help navigate non-emergency housing services and resources: <https://coloradohousingconnects.org/> or 1-844-926-6632

Legal Assistance for Eviction

- Colorado Legal Services: Legal help for low-income Coloradans seeking assistance with civil legal needs: www.coloradolegalservices.org
- Colorado Poverty Law Project: Connects low-income individuals with free legal services to fight evictions and housing injustice: www.copovertylawproject.org

Pregnancy and Parenting Resources

- New Parent Information: Resources that can help make being a new parent or expecting a child a little easier: www.211colorado.org/pregnant-new-parents or
- Tri-County Health Department Nurse Family Partnership: www.tchd.org/NFP 303-255-6246

Domestic Violence and Child Abuse Safety Hotlines

- National Domestic Violence Hotline: 800-799-7233
- Colorado Child Abuse and Neglect Hotline: 844-CO-4-KIDS (800-264-5437)

Immigrant Rights

- Immigrant Defense Project: Know Your Rights with printable cards, posters and flyers: www.immigrantdefenseproject.org/kyr-card
- ACLU: Regardless of your immigration status, you have guaranteed rights: www.aclu.org/know-your-rights/immigrants-rights

Healthy Families Workplace Act (HFWA): Employee Rights to Paid Leave

- Your Rights to Paid Leave During COVID-19: There are rules to help keep employees safe at work during COVID-19: <https://cdle.colorado.gov/hfwa>

Find food assistance, help paying bills, and other free or reduced cost programs in your area at www.findhelp.org or at Mile High United Way 2-1-1, a confidential and multilingual service, at unitedwaydenver.org/2-1-1, by calling 2-1-1, or texting your zip code to 898-211.

Recursos comunitarios para Adams y Arapahoe

Estos recursos están destinados para apoyar a los residentes afectados por COVID-19. Siempre es mejor consultar un sitio web o llamar a un programa directamente para obtener las últimas actualizaciones. También puede enviar un correo electrónico a nuestro Equipo de apoyo comunitario de COVID-19 a COVIDinfo@tchd.org o llamarnos al 720-200-1445 para obtener apoyo individual.

Recursos del condado para COVID-19

- Condado de Adams: adamscountycovid19.org, 720-523-2800
- Condado de Arapahoe: www.arapahogov.com/2096/Coronavirus-COVID-19-Resource-Center, 303-636-1170
- Condado de Douglas: www.douglas.co.us/health-department/covid-19/; para obtener mayor información, comuníquese con Jogan Health Solutions a DCcovid19@joganhealth.com o al número 720-412-4739

Recursos de COVID-19

- Sitio web de Tri-County COVID-19: www.tchd.org/COVID-19
- Pruebas del área de Tri-County: www.tchd.org/COVIDTesting
- Información sobre el tratamiento de COVID-19: <http://www.tchd.org/COVIDTreatment>

Recursos de Salud Mental

- Condado de Adams: Community Reach Center, www.communityreachcenter.org, 303-853-3500
- Condado de Arapahoe y Douglas: All Health Network, www.allhealthnetwork.org, 303-730-8858
- Ciudad de Aurora: Aurora Mental Health Center, www.aumhc.org, 303-617-2300
- Colorado Crisis Line: 1-844-493-8255 o Texto "TALK" al 38255 serviciosdecrisisencolorado.com

Atención médica para personas con o sin seguro

- Salud Family Health Centers, 303-679-2583, es.saludclinic.org
- Clínica Family Health Clinics, 303-650-4460, www.clinica.org
- Stride Community Health Centers, 303-360-6276, stridechc.org
- Doctor's Care, 303-730-1313, doctorscare.org
- Peak Vista Community Health Centers, 719-632-5700, www.peakvista.org

Cobertura de seguro medico

- Connect for Health Colorado: Individuos, familias y pequeños empleadores en todo Colorado pueden usar Connect for Health para comprar seguro médico y obtener ayuda financiera para reducir los costos: prd.connectforhealthco.com/nes/anonymous/letUsGuideYouHousehold_connectforhealthco.com/es/
- Health First Colorado: El programa Medicaid de Colorado se llama Health First Colorado. Está disponible para todo individuos o familias basado en sus ingresos, www.healthfirstcolorado.com/apply-now/?tab=do-i-qualify. Hay muchas maneras de aplicar: www.healthfirstcolorado.com/es/
- Colorado PEAK: coloradopeak.secure.force.com/AGHME o llame 1-800-221-3943
- County Human Services Departments: Condado de Adams 720-523-2800; Condado de Arapahoe: 303-636-1170; Condado de Douglas: 303-688-4825
- El Equipo de Registro para Servicios de la Salud del Departamento de Salud del Tri-County: <https://www.tchd.org/297/Access-to-Healthcare>, 303-363-3013, healthenrollment@tchd.org

Asistencia alimentaria

- Programa de asistencia nutricional suplementaria (SNAP), es un programa federal de nutrición que le ayuda a estirar su presupuesto de alimentos y comprar alimentos saludables <https://peak--coloradopeak.force.com>, 720-717-8481, o correo electrónico SNAP@tchd.org
- Mujeres Bebés y niños (WIC) proporciona alimentos nutritivos y educación nutricional gratuitos para mejorar la salud de las familias participantes que incluyen mujeres embarazadas, lactantes y posparto, bebés y niños hasta los 5 años de edad. Visita www.tchd.org/WIC
- Hunger Free Colorado: Ayuda con las solicitudes de programas de asistencia alimentaria y responde preguntas sobre despensas de alimentos locales, mercados www.cofoodfinder.org

Recursos de vivienda

- Asistencia de emergencia para alquiler y vivienda: cdola.colorado.gov/rental-mortgage-assistance
- El Programa de Asistencia Hipotecaria de Emergencia de Colorado (EMAP) brinda ayuda financiera a los propietarios de viviendas con ingresos elegibles que han experimentado dificultades asociadas con la crisis de salud COVID-19. cdola.colorado.gov/emergency-mortgage-assistance también puede enviar un correo electrónico a hcinfo@brothersreddevelopment.org para solicitar un intérprete en español.
- Colorado Housing Connects es una línea de ayuda de viviendas en todo el estado para ayudar a navegar por los servicios y recursos que no son de emergencia: <https://coloradohousingconnects.org/> o 1-844-926-6632

Asistencia legal para el desalojo

- Servicios Legales de Colorado: www.coloradolegalservices.org
- Proyecto de ley de pobreza de Colorado: www.copovertylawproject.org

Recursos para el embarazo y la crianza de los hijos

- www.211colorado.org/pregnant-new-parents

Líneas directas de seguridad

- La Línea Nacional Contra la Violencia Doméstica: 1-800-799-7233, espanol.thehotline.org
- Línea de ayuda para reportar el abuso y la negligencia infantil en Colorado: 1-844-CO-4-KIDS, co4kids.org/es/homepage

Derechos de los inmigrantes

- www.immigrantdefenseproject.org/wp-content/uploads/2020/10/Home-Raid-community-Flyer-ESP-Mar-2021.pdf
- <https://www.aclu.org/know-your-rights/derechos-de-los-inmigrantes>

Acta de Familias y Lugares de Trabajo Saludables: Derechos de Ausencias Laborales

- Licencia por enfermedad pagada según la Ley de Familias y Lugares de Trabajo Saludables de Colorado (HFWA): <https://cdle.colorado.gov/hfwa>

Encuentre asistencia alimentaria, ayuda para pagar facturas y otros programas gratuitos o de costo reducido en su área: Visite www.findhelp.org, o unitedwaydenver.org/2-1-1/, o puede conectarse con 2-1-1 marcando 2-1-1 en su teléfono, o envíe un mensaje de texto con su código postal al 898-211