Books with food or physical activity themes

**ABC Theme**
- The ABC’s of Fruits and Vegetables and Beyond by Steve Charney and David Goldbeck
- Eating the Alphabet: Fruits and Vegetables from A to Z by Lois Ehlert
- The Human Alphabet by Pilobolus and John Kane

**Cooking Theme**
- Apple Farmer Annie by Monica Wellington
- Brave Potatoes by Toby Speed and Barry Root
- Chicks and Salsa by Aaron Reynolds
- Cook-A-Doodle-Doo! by Janet Stevens and Susan Stevens Crummel
- Cooking with the Cat by Bonnie Worth

**Fruits and Vegetables**
- Froggy’s Day with Dad by Jonathan London
- Grandpa and Me by Karen Katz
- The Little Red Hen Makes a Pizza by Philemon Sturges
- Pumpkin Soup by Helen Cooper
- Stone Soup by Ann McGovern
- Sun Bread by Elisa Kleven
- Apples, Apples, Apples by Nancy Elizabeth Wallace
- The Carrot Seed by Ruth Krauss
- Growing Colors by Bruce McMillan
Family Mealtime

- Handa’s Surprise by Eileen Browne
- Daddy Makes the Best Spaghetti by Anna Grossnickle Hines
- Feast for 10 by Cathryn Falwell
- Let’s Eat by Ana Zamorano

Taste Something New

- Bread and Jam for Frances by Russell Hoban
- Carla’s Sandwich by Debbie Herman
- Green Eggs and Ham by Dr. Seuss

Adapted from Michigan Team Nutrition materials

The Lunch Box Surprise

- The Lunch Box Surprise by Grace Maccarone
- Mouse Mess by Linnea Riley
- Oliver’s Fruit Salad by Vivian French
- Pickles in My Soup by Mary Pearson
- ¡Qué Rico! By Roberta Grobel Intrater
- Rabbit Food by Susanna Gretz
- The Very Hungry Caterpillar by Eric Carle

Lunch by Denise Fleming

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