



# Health Alert Network

## Tri-County Health Department

Serving Adams, Arapahoe and Douglas Counties

Phone 303/220-9200 • Fax 303/741-4173 • [www.tchd.org](http://www.tchd.org)

Follow us on Twitter @TCHDHealth and @TCHDEmergency

John M. Douglas, Jr., M.D. Executive Director

The pages that follow contain information critical to protecting the health of your patients and the citizens of Colorado.

## HAN UPDATE

Number of pages including cover: 4

Subject: **Update - CDC Recommendations for Managing and Reporting Shigella Infections with Possible Reduced Susceptibility to Ciprofloxacin**

### Cannabinoids Use

Message ID: 6/8/2018 9:00:00 AM

Recipients: HAN Community Members.

From: TRI-COUNTY HEALTH DEPARTMENT

Adams, Arapahoe and Douglas County, Colorado

Recipient Instructions: **Tri-County Health Department is forwarding you the attached HAN. You may have already received this broadcast if you are on the CDPHE distribution list, however, we wanted to ensure you did not miss this important information. No response is required.**

---

You have received this message based upon the information contained within our Health Alert Network Notification System. If you have a different or additional e-mail or fax address that you would like us to use, or if you have additional questions, call 720-200-1477.

### Categories of Health Alert Network Messages:

**Health Alert:** Conveys the highest level of importance; warrants immediate action or attention.

**Health Advisory:** Provides important information for a specific incident or situation; may not require immediate action.

**Health Update:** Provides updated information regarding an incident or situation; unlikely to require immediate action.

**Info Service/Public Health Brief:** Provides general information that is not necessarily considered to be of an emergent nature.

You may download a copy of this HAN from the TCHD website at  
<http://www.tchd.org/259/Health-Alert-Network>

HEALTH ALERT NETWORK BROADCAST

MESSAGE ID: 06072018 15:15

FROM: CO-CDPHE

SUBJECT: HAN Update -- CDC Recommendations for Managing and Reporting *Shigella* Infections with Possible Reduced Susceptibility to Ciprofloxacin.

RECIPIENTS: Local Public Health Agencies / IPs / Clinical Labs / EDs / ID Physicians

RECIPIENT INSTRUCTIONS: Local Public Health Agencies - please forward to healthcare providers

### Colorado key points

- Clinicians should report patients with *Shigella* infection and possible fluoroquinolone or azithromycin treatment failure to local or state public health.
- Local public health agencies should contact the Communicable Disease Branch at 303-692-2700 to facilitate specimen submission and reporting to CDC.
- Colorado has seen an increase in *Shigella* cases among men who have sex with men, comparable to what has been seen nationwide.

This is an official

## CDC HEALTH UPDATE

Distributed via the CDC Health Alert Network June 7, 2018,  
1100ET (11:00 AM ET)  
CDC HAN-00411

### **Update – CDC Recommendations for Managing and Reporting *Shigella* Infections with Possible Reduced Susceptibility to Ciprofloxacin**

#### **Summary**

This Health Alert Network (HAN) Update provides current recommendations on management and reporting of *Shigella* infections that have been treated with ciprofloxacin or azithromycin and resulted in possible clinical treatment failure. This is a follow-up to [HAN 401: CDC Recommendations for Diagnosing and Managing \*Shigella\* Strains with Possible Reduced Susceptibility to Ciprofloxacin](#).

The Centers for Disease Control and Prevention (CDC) continues to identify an increasing number of *Shigella* isolates that test within the susceptible range for the fluoroquinolone antibiotic ciprofloxacin (minimum inhibitory concentration [MIC] values of 0.12-1 µg/mL), but harbor one or more resistance mechanisms. CDC remains concerned about potential clinical failures with fluoroquinolone treatment.

Clinicians should carefully monitor patients with *Shigella* infections who require fluoroquinolone treatment and report any possible treatment failures. If treatment failure is suspected, clinicians should submit a stool specimen for antimicrobial susceptibility testing, and consider consulting an infectious disease specialist to identify best treatment options.

CDC has also identified an increasing number of *Shigella* isolates with azithromycin MICs that exceed the epidemiological cutoff value (ECV), and is requesting reports of any possible treatment failures occurring among patients with *Shigella* infections treated with azithromycin (see below).

Shigellosis is a nationally notifiable condition; all cases should be reported to local health departments.

#### **Recommendations for Clinicians**

1. If antibiotic treatment is necessary, monitor patients carefully.
2. If you identify or receive a report of a patient with *Shigella* infection and possible fluoroquinolone or azithromycin treatment failure:

- Consider consulting an infectious disease specialist to identify other treatment options, because some *Shigella* isolates with susceptible ciprofloxacin MICs may harbor one or more quinolone resistance mechanisms.
- Contact your local health department to coordinate reporting treatment failure information. This information should be reported to CDC at [EntericBacteria@cdc.gov](mailto:EntericBacteria@cdc.gov).
- Collect a stool specimen for culture, and work with your clinical microbiology laboratory to submit for additional antimicrobial susceptibility testing.
- Request that your laboratory expedite submission of the *Shigella* isolate to your state public health laboratory. Your state laboratory should notify CDC at [EntericBacteria@cdc.gov](mailto:EntericBacteria@cdc.gov) to coordinate additional laboratory testing and/or shipment of the isolate to CDC.

## Background

In April 2017, CDC identified an increase in the percentage of *Shigella* isolates in the United States with MIC values of 0.12–1 µg/mL for the fluoroquinolone antibiotic ciprofloxacin; this percentage continues to rise. Preliminary surveillance data from 2016 show that 8.2% of *Shigella* isolates tested by the National Antimicrobial Resistance Monitoring System laboratory (<https://www.cdc.gov/narms>) had a ciprofloxacin MIC in the 0.12–1 µg/mL range, and 9.5% had an azithromycin MIC greater than the ECV (i.e., non-wild-type; reduced susceptibility). Testing of 2017 surveillance isolates is ongoing. Among those tested, 16.5% have a ciprofloxacin MIC in the 0.12–1 µg/mL range, and 22.1% have reduced susceptibility to azithromycin. Molecular data indicate that most *Shigella* isolates with ciprofloxacin MICs in the noted range harbor at least one quinolone resistance mechanism. *Shigella* isolates without a quinolone resistance mechanism typically have a ciprofloxacin MIC of ≤0.015 µg/mL. Clinical and Laboratory Standards Institute (CLSI) criteria categorize *Shigella* isolates with a ciprofloxacin MIC of ≤1 µg/mL as susceptible to ciprofloxacin. Currently, clinical laboratories have limited ability to differentiate the ciprofloxacin MIC values within the reduced susceptibility range, ≤1 µg/mL. Additionally, CLSI does not have established azithromycin clinical breakpoints for *Shigella* isolates, only ECVs, which do not predict clinical outcome (2).

CDC is particularly concerned about people who are at high risk for multidrug-resistant *Shigella* infections and are more likely to require antibiotic treatment, such as men who have sex with men, patients who are homeless, and immunocompromised patients. These patients often have more severe disease, prolonged shedding, and recurrent infections.

In response to data and concerns presented by CDC, CLSI formed an *ad hoc* working group in June 2017 to assess any available and relevant clinical, pharmacologic, and microbiologic data. The workgroup found that no data are available on the high-risk populations of concern. CDC has not received any reports of clinical treatment failures in patients with *Shigella* infections. Therefore, it is unclear whether fluoroquinolone treatment of a *Shigella* infection with a ciprofloxacin MIC of 0.12–1 µg/mL is associated with a worse clinical outcome or whether such treatment increases the risk of transmission. At this time, CLSI ciprofloxacin MIC breakpoints for the *Enterobacteriaceae* family (excluding *Salmonella*) will continue to apply to *Shigella* isolates.

CDC is working with CLSI and other partners to collect isolates and clinical information from people with *Shigella* infection and possible clinical treatment failure occurring after treatment with a fluoroquinolone or azithromycin. If treatment failure is suspected, clinicians should consider consulting an infectious disease specialist to identify best treatment options, and submit a stool specimen for antimicrobial susceptibility testing. Clinicians should monitor patients carefully and report cases of possible clinical treatment failure to CDC.

## For More Information

1. For general information about *Shigella* or shigellosis, visit <https://www.cdc.gov/shigella/index.html>.
2. For general information about *Shigella* or shigellosis in Spanish, visit <https://www.cdc.gov/shigella/esp/index.html>
3. For technical information about *Shigella* or shigellosis, including information about national surveillance and other educational resources for medical and public health professionals, visit <https://www.cdc.gov/shigella/resources.html>.
4. For information about prevention and control of shigellosis, including recommendations for men who have sex with men, visit <https://www.cdc.gov/shigella/audience-sexually-active.html>.
5. For more information about the serious public health threat posed by antimicrobial-resistant *Shigella*, refer to “Antibiotic Resistance Threats in the United States, 2013” available at <https://www.cdc.gov/drugresistance/threat-report-2013/pdf/ar-threats-2013-508.pdf>.
6. For specific inquiries related to this HAN Update, email [EntericBacteria@cdc.gov](mailto:EntericBacteria@cdc.gov).

## References

1. [HAN 401: CDC Recommendations for Diagnosing and Managing Shigella Strains with Possible Reduced Susceptibility to Ciprofloxacin](#)
2. CLSI. *Performance Standards for Antimicrobial Susceptibility Testing*. 28th ed. CLSI supplement M100. Wayne, PA: Clinical and Laboratory Standards Institute; 2018.

*The Centers for Disease Control and Prevention (CDC) protects people's health and safety by preventing and controlling diseases and injuries; enhances health decisions by providing credible information on critical health issues; and promotes healthy living through strong partnerships with local, national, and international organizations.*

Categories of Health Alert Network messages:

Health Alert	Requires immediate action or attention; highest level of importance
Health Advisory	May not require immediate action; provides important information for a specific incident or situation
Health Update	Unlikely to require immediate action; provides updated information regarding an incident or situation
HAN Info Service	Does not require immediate action; provides general public health information

##This message was distributed to state and local health officers, state and local epidemiologists, state and local laboratory directors, public information officers, epidemiologists, HAN coordinators, and clinician organizations##