

What To Do About COVID-19 In Your Child Care Program

Tested Positive

Has a child or staff member had a positive COVID-19 test?

Yes

Isolation for the Sick

Exclude that individual from care until **ALL 3** of the following conditions are met:

1. At least 24 hours fever free without the use of medicine.
2. Other symptoms have improved for at least 24 hours.
3. At least 10 days have passed since their symptoms first appeared.

A negative test does not release an individual from completing the isolation criteria.

Follow isolation criteria, seek testing, and contact us at EHchildcare@tchd.org to meet reporting requirements and for further guidance.

Yes

Exposed People

Have any children or staff been in close contact with the person who had a positive COVID-19 test?

Yes

Quarantine for the Exposed

Exclude those individuals from care for a quarantine time period from their last exposure to the sick person and monitor them for symptoms for the full 14 days.

14 Day Quarantine – COVID-19 can take 14 days from the time of infection to the day the person starts having symptoms. Staying home for the full 14 days is the best way to reduce the spread of disease.

10 Day Quarantine – Quarantine can end after day 10 if no symptoms have developed. Testing is not required. Continue monitoring for symptoms and masking for the full 14 days. The risk that symptoms will develop after day 10 and new quarantines will need to occur is thought to be between 1% and 10%.

7 Day Quarantine – Quarantine can end after day 7 if no symptoms have developed and a molecular or antigen test is taken on day 5 or 6. The person must complete the full 7 days of quarantine and the test must come back negative before ending quarantine. Continue monitoring for symptoms and masking for the full 14 days. Risk that symptoms will develop after day 7 and new quarantines will need to occur is thought to be between 5% and 12%.

Check in with your children's families and your staff for the full 14 days following the last day of exposure. Have the individuals developed any COVID-19 symptoms?

No

May return after all of the quarantine criteria for the selected timeframe is met.



Frequently Asked Questions

Who is considered a close contact?

A person who:

- Was within 6 feet of someone who has COVID-19 for at least 15 minutes total.
- Was feeding, diapering, or holding a person with COVID-19 even for a very short duration.
- Was in the same classroom/cohort as someone who had COVID-19.
- Provided care or had direct contact with someone who is sick with COVID-19.
- Is a household contact of someone who is sick with COVID-19.

When am I required to notify Tri-County Health Department?

Two or more confirmed COVID-19 cases (or one confirmed case and two or more probable cases of COVID-19) among a single classroom/cohort/activity/other close contact setting with people from separate households within 14 days.

Why do some people have longer quarantine timeframes?

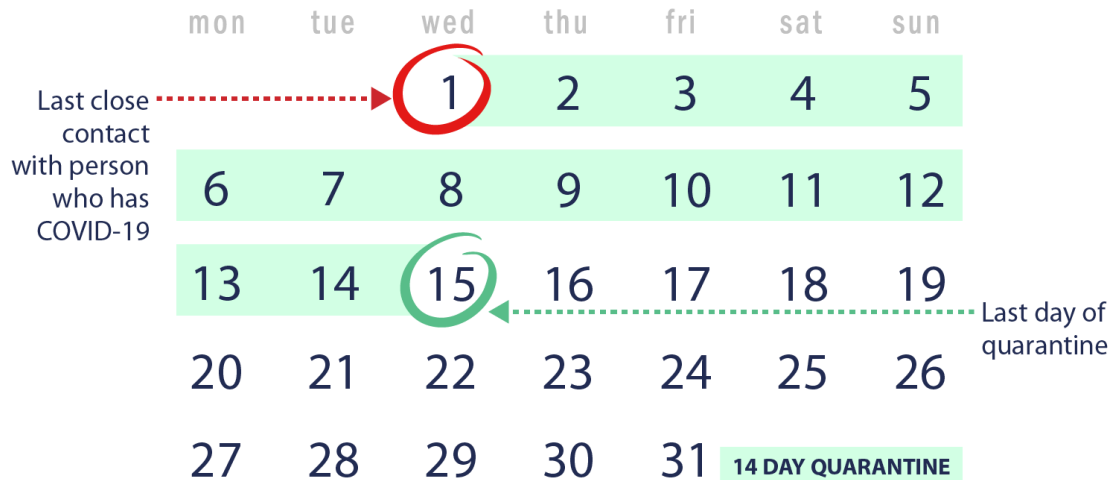
A person who lives in the same household as someone who was diagnosed with COVID-19 may have a longer exclusion period. This is because people living in the same household tend to have ongoing interactions/exposures to one another. The 14 day quarantine time begins after the last exposure to a sick person (day 10 of isolation). This could result in quarantine timeframes for family members lasting 24 days or longer. If another person in the household tests positive for COVID-19, the clock would reset.

Does a person that has tested positive for COVID-19 previously have to quarantine?

A person that has tested PCR positive in the last 90 days does not need to quarantine. A provider should visually confirm that the person had a PCR test and that the test had occurred in the prior 90 days.

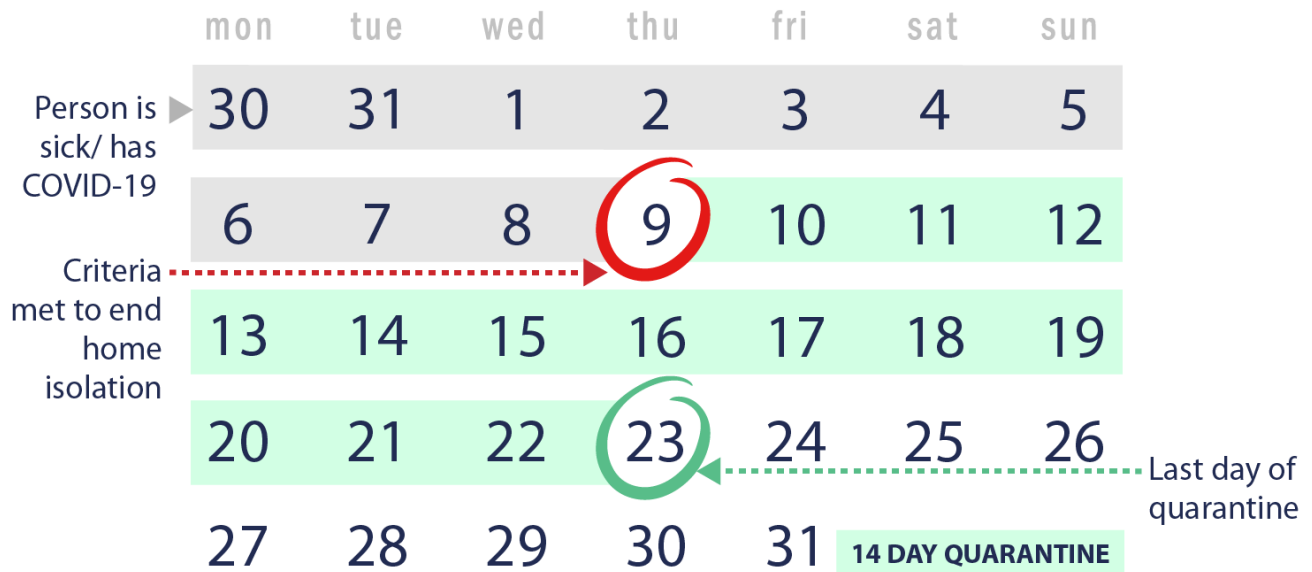
Help Determining Quarantine Dates For Exposed People

Example 1: The person who attended the child care program with another student or staff member who has COVID-19, but are sent home and will not have further close contact.



<https://www.cdc.gov/coronavirus/2019-ncov/if-you-are-sick/quarantine.html>

Example 2: The person who attends the child care program lives with a parent, sibling, or other household member who has COVID-19, and cannot avoid continued close contact.



<https://www.cdc.gov/coronavirus/2019-ncov/if-you-are-sick/quarantine.html>