



“Your kids don’t want a perfect mom, they want a happy mom.”
Unknown

Join us for a free workshop that is focused on you!

Motherhood

Join us every Wednesday starting January 12, 2022 at 12:45- 1:45 pm at the Adams County Human Services Building
11860 Pecos St., Westminster – Conference Room Plum C

For information or to sign up please contact Jennifer Dillard at (720) 621-6337 or via email: jdillard@tchd.org



This course was designed for moms, to encourage one another throughout the motherhood experience.

This workshop, exclusively for mothers, will enhance your communication strategies, stress and time management skills and change your overall self-concept.